

› 10 Leisure improvements

› 14 Stopping slumlords

› 24 Curious in Stratford



thenewhammag

issue 293 // 14 – 28 February 2014



**Free childcare
for two-year-olds**

How your child could get 15
hours early years education (p13)

is this my room?

Fostering
what would you say?

For a career that's financially and
emotionally rewarding call us free on

0800 013 0393
newhamfostering.co.uk

the newham mag



In this issue we find out how the fantastic play *The Curious Incident of the Dog in the Night-Time* has made a series of special performances for local schools (p24).

One year on and Newham's innovative private property licensing scheme is making inroads into tackling rogue landlords (p14), while our key amnesty will see 26 properties returned to our housing register (p9).

We tell you how Newham Council is creating more opportunities for residents to get fit (p10) and how local clubs are being supported to upgrade their venues (p23).

We also have a round up of fantastic half term activities (p19) as well as five pages of activities in our ever popular What's On (p34).

*Councillor Forhad Hussain
Executive member for community affairs south and capital projects*

SENIOR PUBLICATIONS OFFICER: Anita Bhogal
PUBLICATIONS OFFICER: Glenn Gossling
STAFF PHOTOGRAPHER: Andrew Baker
Email newham.mag@newham.gov.uk

To advertise in the Mag call
Julie Madell on **07890 529 090**

If you do not receive the *Newham Mag* at home, or know someone who doesn't, please call 020 3373 1517, write to The Newham Mag, West Wing, 4th Floor, Newham Dockside, Dockside Road, London E16 2QU, or email newham.mag@newham.gov.uk

Publication of an advert in the *Newham Mag* does not constitute endorsement of any goods or services offered.

The *Newham Mag* is printed on 100% recycled paper by Woodford Litho Ltd and distributed by Letterbox Distribution.

Look out for the next issue from 28 February 2014

contents

14 February 2014 // issue 293

Regulars

- 04 NEWS** – two pages of news from across the borough
- 06 MAYOR'S VIEW** – news from Sir Robin Wales
- 20 NEWHAM IN PICTURES** – your fortnight in photos
- 24 WORKING LIVES** – a curious incident in Newham with playwright Simon Stephens
- 29 CAUGHT ON CAMERA** – can you put a name to any of these faces?
- 30 OUR NEWHAM** – great competitions and community news
- 32 KIDS' CORNER** – Pictures and puzzles for our younger readers
- 34 WHAT'S ON** – five pages of activities and events for you to try – most of them free



18



26

Features

- 09 LOCK, STOCK AND BARREL** – key amnesty returns housing to Newham
- 10 WORKING ON LEISURE** – new developments in Newham
- 13 FREE CHILDCARE FOR TWO-YEAR-OLDS** – Sadia Makimera tells how it has helped her help others
- 14 ONE YEAR ON** – rogue landlords held to account
- 17 SEX, LIES AND DISEASES** – a Valentine's gift you don't want
- 18 HALF TERM ACTION** – fun for the holidays
- 23 GO FOR IT** – how a grant helped Stratford Judo Club
- 26 FINDING JOBS FOR YOU** – how residents have succeeded with Workplace



13



24



Find us online at www.newham.gov.uk/mag
For information on all Newham Council services visit www.newham.gov.uk

IN BRIEF //

New clinic on sexual health

A screening clinic is to open at St John's Church in Broadway, Stratford, to offer free and confidential advice about sexual health.

The service from Barts Health NHS Trust and Newham Council enables people to be tested for sexually transmitted infections (STIs) and get advice on gonorrhoea, chlamydia, syphilis, HIV and hepatitis. No appointment is needed.

Councillor Clive Furness, executive member for health and adult commissioning, said: "This is the latest step in improving the accessibility of sexual health services for residents." For information about STIs visit www.nhs.uk

Tunnel works continue

Crossrail has started to demolish the former ticket hall next to the Old Station Museum, Pier Road, as part of construction work on underground tunnels between North Woolwich and Plumstead.

The ticket office was built in the 1970s and is not a listed building. The works will not affect the Old Station Museum, which is a Grade II listed building. Care will be taken to monitor any above ground disturbance using specialist equipment fitted to buildings.

If you have any questions or concerns about these works contact the Crossrail helpdesk on **0345 602 3813** or email helpdesk@crossrail.co.uk

Fraudster is jailed

An investigation by Newham Council has resulted in fraudster Matthew Monsey, 29, who conned money from private sector landlords being jailed for two-and-a-half years.

Inner London Crown Court heard how in 2010 Monsey falsely claimed to three landlords that he was employed by the council to conduct safety checks before issuing safety certificates for their rental properties. He charged for the certificates and the building work he said was necessary to receive them.

Monsey was convicted of three charges under the Fraud Act 2006 of making false representations with intent to gain.

➤➤➤ Redevelopment plan for Boleyn Ground

West Ham United has announced that following a competitive bidding process, developers Galliard Group have reached an agreement to purchase the Boleyn Ground in Green Street, Upton Park, once the club moves to the Olympic Stadium in 2016.

The developers are expected to submit proposals to Newham Council that could transform the site into a residential and retail village with leisure facilities, underground parking and a Bobby Moore Memorial Garden.

Stephen Conway, chairman and chief executive of Galliard Group, said: "We plan to undertake extensive consultation with residents and businesses on the future of the site."

Mayor Sir Robin Wales said: "We have always maintained that West Ham United's relocation to Stratford had the potential to deliver an Olympic legacy beyond Queen Elizabeth Olympic Park as a key part of the comprehensive regeneration of Green Street and Upton Park. The prospect of much needed homes, jobs and community spaces for this area is an exciting one."

Residential and retail village planned for Boleyn Ground



Counterfeit shirts are collared

Newham Council's trading standards officers seized 74 fake Ralph Lauren shirts and 900 counterfeit DVDs when they swooped on shops in East Ham during the latest series of Operation Ohio enforcement raids.

Almost 4,000 counterfeit cigarettes were also seized as officers visited more than 100 premises in and around High Street North during a 48-hour period. The cash and carry store that stocked the items has been warned it could face prosecution.

Licensing officers seized a number of water bottles, which they believe contained alcohol from Romania that was not licensed for sale. The bottles have been sent away for analysis.

Operation Ohio is a regular enforcement programme across the borough as part of the council's commitment to deal with crime and anti-social behaviour.

Councillor Unmesh Desai, executive member for crime and anti-social behaviour, said: "Residents tell us tackling crime is a priority for them. We are listening – and responding."



Items being sold as big brands

Learning about Games success

The Mayor of the city where much of the 2020 Tokyo Olympics and Paralympics will be held knew exactly where to come when he wanted to learn more about hosting a successful Games.

Takaaki Yamazaki, Mayor of Koto City, which has eight arenas staging 14 sports in 2020, asked Mayor Sir Robin Wales for advice about venues, consultation with residents, infrastructure and legacy.

As a young student, Mr Yamazaki was an Olympic volunteer when Tokyo hosted the Games in 1964. Sir Robin presented the Mayor with a shirt and cap, as worn by Newham's volunteers during the 2012 Games.

Sir Robin said: "The 2012 Games were an important milestone in the development of Newham. I hope hosting the 2020 Games drives forward the regeneration agenda of Koto City. We are willing to help and advise as much as we can."



Pay up first time or face harsher penalty

A court has imposed financial penalties of almost £21,000 on 57 people who ignored fixed penalty notices from Newham Council for offences ranging from littering to urinating and lighting up cigarettes in smoke free areas.

The council prosecuted people who had ignored three earlier opportunities to pay penalties handed out under the Environmental Protection Act 1990 and the Health Act 2006.

Thames Magistrates Court heard all the defendants had had previous chances to pay, either at the time of issue of the fixed penalty notice, on receipt of a reminder letter or at the time of receiving a court summons.

Councillor Unmesh Desai, executive member for crime and anti-social behaviour, said: "Enforcement is not intended as a punishment but as a means of changing behaviour to enable us to improve the quality of life for residents. As these cases prove the amount you end up paying in court could far exceed the cost of the original fixed penalty notice."

➤ Cheaper fares on Emirates Air Line cable car

Newham residents can now receive a reduced travel rate on the Emirates Air Line, the UK's first urban cable car which spans the River Thames between the borough and Greenwich.

From 14 February until the end of 2014, passengers who produce proof of residence will receive a 50 per cent reduction on return fares. The offer applies to cash fares and pay as you go Oyster fares. Up to three guests can also receive the discount.

Councillor Alec Kellaway, executive member for business and skills, said: "This is a fantastic offer for residents and one we hope they'll use. We want to see more people visiting the Royal Docks as our vision is to turn it into a world-class business and leisure destination."

To receive the discount, residents must show proof of residence in the form of a document such as a Council Tax bill. The offer excludes the Easter holiday and July and August.



The show must go on

The show must go on! It is a well known phrase in show business circles and one that now means an awful lot to young people in Newham.

For six weeks the West End production of the play *The Curious Incident of the Dog in the Night-Time* had been without a home following a much publicised ceiling collapse during a performance.

“Being able to offer such a fantastic opportunity to introduce children to the magic of the theatre and develop their potential for learning, shows perfectly what Newham’s Every Child a Theatre Goer campaign is all about”

Thankfully there were no fatalities. The Apollo Theatre was badly damaged and had to be closed. For six weeks the play had been homeless, until we stepped in. Working with The National Theatre and Theatre Royal Stratford East we were able to offer a wonderful opportunity for the show to go on in a very different setting.

The main hall at Stratford Old Town Hall, more known for council

meetings, wedding parties and functions, was transformed into a temporary theatre in the round. Nine lunchtime performances by the original West End cast were watched by up to 250 pupils from our secondary schools each day for free.

I was there on day one as youngsters from Cumberland and Royal Docks schools filed into the hall not really knowing what to expect. As a I told journalists from the national media, some of the kids had never been to the theatre before, let alone had heard of the National. For two-and-a-half hours they were transfixed. In fact, some

were speechless.

For Newham Council, being able to offer such a fantastic opportunity to introduce children to the magic of the theatre and develop their potential for learning shows perfectly what Newham’s Every Child a Theatre Goer campaign, launched last September, is all about.

We are funding theatre visits for every Year 5 child in the borough’s primary schools and all the borough’s secondary pupils in each year group, starting with shows at Stratford Circus, pantomime and going on to shows at Theatre Royal Stratford East and



Mayor's view

Shakespeare's Globe Theatre.

Never in my wildest dreams did I ever expect the National to be involved so early in our campaign, and certainly not with a play that won a record seven Olivier Awards last year. To have a theatre of this calibre wanting to be in Newham is just fantastic.

Newham's Every Child a Theatre Goer programme will keep on giving our children access to world-class theatre productions such as this. I believe theatre can stir the imagination of our young people, stimulate their curiosity and ignite their artistic impulses while complementing more traditional learning opportunities.

"We have high aspirations for our children and young people and are committed to supporting them to succeed"

It continues to be an important part of Newham's Every Child programme, funded by us and delivered with the enthusiastic support of schools, ensuring young people have a good mix of academic and social education.

We have high aspirations for our children and young people and are committed to supporting them to succeed. Be it supplying free school meals, helping them with their reading, offering an opportunity to learn a musical instrument, or try a new sport, our programme provides a wealth of opportunities to inspire them to achieve their potential and increase their confidence and social skills.

I want to thank the National Theatre



and Theatre Royal Stratford East for their commitment to giving our children the best possible start in life. I wish the play well when it resumes its West End run in June at the Gielgud Theatre.

"... our programme provides a wealth of opportunities to inspire them to achieve their potential and increase their confidence and social skills"

with Sir Robin Wales

Still thinking about switching?

Newham London

Are you paying too much for your gas and electricity?

Changing your energy provider can save you money.

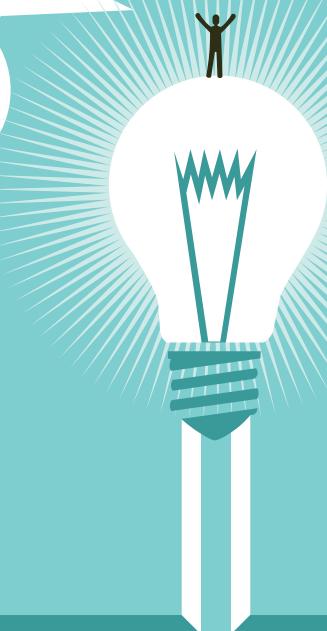
www.newham.gov.uk/thinkingaboutswitching

Newham Council together with 22 other London boroughs has signed up to the Big London Energy Switch, a collective switching scheme to help Londoners get a better deal on their gas and electricity bills.

Visit www.biglondonenergyswitch.org.uk to register.

If you do not have internet access you can call the offline registration service on 0800 048 8439.

If you experience any other problems registering, call the iChoosr helpdesk on 0800 0488 112.



The Big London
ENERGY
SWITCH

GET ACTIVE IN 2014!

It couldn't be easier at your local leisure centre in Newham

- No joining fees
- No contracts
- Memberships at 2013 prices

Great leisure centres, great value

BALAAM LEISURE CENTRE, 14 Balaam Street, Plaistow E13 8AQ

Still the best value leisure centre around. Membership from £19.95 per month*

EAST HAM LEISURE CENTRE, 324 Barking Road, East Ham E6 2RT

New and improved with upgraded and modernised facilities and equipment

NEWHAM LEISURE CENTRE, 281 Prince Regent Lane, Plaistow E13 8SD

The largest of your local leisure centres with great facilities for the whole family

To find out more call 020 3373 1223, drop into your local leisure centre or visit www.activeNewham.org.uk

*Terms and conditions apply. Prices vary from centre to centre.

in partnership with

Newham London

active
newham





Unlocking illegal sub lets

Twenty-six homes are in the process of being returned to the council following a two month key amnesty - with a further six under investigation.

Under the amnesty, tenants were given until 3 January to hand back the keys to council homes they had left vacant or illegally sublet. The council has already recovered 19 of the 26 homes which will be relet.

According to figures from the Audit Commission, the 26 homes returned to the council will save Newham's taxpayer almost £2m.

During the amnesty, almost 50 people contacted the council, some to voluntarily hand back their keys, others to report illegal subletting.

Tenants who admitted to subletting were given time to vacate the property. All leads are being followed up by housing investigation officers. Anyone found subletting from now on will be subject to action under the Prevention of Social Housing Fraud Act 2013.

The Act, which became law last October, means tenancy fraud is now

a criminal offence and punishable by a custodial sentence of up to two years and a £5,000 fine. It also gives the council power to recover profits made from fraud.

Newham Council regularly carries out rigorous audit checks. Photographs of more than 11,000 tenants have been added to our tenancy database so we can identify who is accessing our blocks. All fobs for a block are also regularly deactivated and can only be re-instated by the named tenant of the property. Councillor Andrew Baikie, executive member for housing and customer service, said: "Social housing exists for those who need it most. It's unacceptable that people that no longer need this support are shamelessly profiteering from social housing and depriving those who are in most need of a home.

"Tenancy fraud costs the council millions of pounds and robs residents,

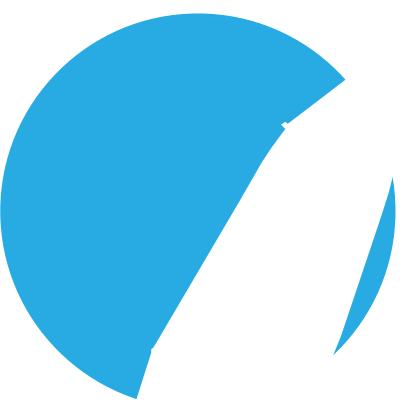
who may have been on the housing register for years, of a home. Bringing these properties back into our housing stock frees them up for someone on the council's waiting list."

If you have a tenancy with the council but live elsewhere and sublet the property to another person you are committing fraud. Tenancy fraud also includes providing false information when applying for housing and illegally applying to succeed a tenancy of someone who has died. If caught and convicted you could end up in prison.

If you are aware of anyone committing these offences call 020 3373 3258, 020 3373 3261 or email HSG-tenancy.audit@newham.gov.uk in confidence.



Multi-million-pound sports investment



As part of Newham Council's commitment to providing the best sports and fitness opportunities to inspire our residents to get out and get active, over the next two years a massive £20m is being invested into sports and fitness improvements across the borough.

Maybury Multi Use Games Area (MUGA)

(MUGA) has been built on previously derelict, fly-tipped land behind Newham Leisure Centre.

Working in partnership with the council, Cumberland School in Plaistow developed the space, which opened last year. It contains a running track and a range of outdoor gym equipment and provides additional outdoor space for Cumberland and Tollgate schools.

Outside school hours, the site is accessible to residents using Newham Leisure Centre and will support local community sports programmes.



In preparation for Rugby World Cup 2015, **Memorial Park**, West Ham, will become Newham's heartland for rugby development. Changing facilities, pitches and floodlighting at Memorial Park are set to be improved so schools, clubs and residents can maximise the once-in-a-lifetime opportunity the World Cup represents.

Subject to planning approval, work will be undertaken by Newham Council and East London Community Sports Association, in partnership with the Rugby Football Union. Work on the pitches is set to begin in March, with the project expected to be completed by the end of the year.



Atherton Leisure Centre

is being replaced with a brand new leisure centre which will provide a first-class environment for residents of all ages and abilities to get active and stay healthy.

Work has begun on the £14.7m centre which will include two swimming pools, a group cycling studio, a state-of-the-art gym and fitness studios.

There will be step-free access across the new centre, which will house a six-lane, 25 metre main pool. The gym will be 50 per cent bigger than the current gym, with modern equipment. There will also be an on site crèche and a soft play area.



East Ham Leisure Centre has recently been given a £400,000 makeover with a redesigned gym with new, state-of-the-art exercise equipment and a new group cycling studio.

Dry changing areas have been revamped with new benches and lighting. The showers have been upgraded and the tiling, ceilings and fittings have been replaced. The popular health suite has also been refurbished and redecorated.



Work is under way to create a **new budget gym** at the site of the former Greenhill Centre in Manor Park.

Plans are being drawn up by the council and its leisure provider, activeNewham, to convert it into a high quality, affordable, indoor fitness centre for residents in the local area. The centre is expected to open in the autumn.

The former Curwen Centre in Plaistow is being renovated to create a bespoke boxing centre and provide a new home for **West Ham Boxing Club**.

The club's move has been supported by Newham Council and Sport England so they can continue and expand the excellent work they do for the community. The club is expected to move into their new home in Spring 2014.

The council is supporting the extension of a new **Watersports Centre**, which will form part of the existing rowing centre at Royal Albert Dock. It will be turned it into a combined watersports centre offering sailing, canoeing and rowing.

Last summer more than 2,500 Newham residents took part in watersports; the completion of this project is expected to see that number rise significantly.

The project brings together the existing owners Royal Albert Dock Trust in a collaboration between Newham Council, London Youth Rowing and Sport England. The current centre will continue to operate while work is undertaken, with the extension expected to reach completion in summer 2015.

A £1.3m Heritage Lottery Grant will see major improvements start to take place at **Plashet Park**, East Ham, start this summer.

Refurbishments include path resurfacing, improved park entrances, new play equipment, improvement works to the surroundings of the Register Office, new toilets and repairs to the café.

Fight for Peace, based in the Royal Docks, combine boxing and martial arts with education, employment training and personal development to help young people to realise their potential.

The organisation will see its current buildings upgraded and expanded, as well as the construction of new areas which will help them broaden their current work and allow them to make a positive social impact on the lives of more young people.



Attention parents!

Free early education for two-year-olds



Newham London

Your child may be entitled to up to 15 hours of free early education per week, starting the term after their second birthday, if you receive one of the following:

- Income Support
- Income-based Jobseeker's Allowance (JSA)
- Income-related Employment and Support Allowance (ESA)
- Support through part 6 of the Immigration and Asylum Act

From April 2014, you are also eligible if you receive:

- Working Tax Credits and earn no more than £16,190 a year
- Disability Living Allowance **or**
- your child has a current statement of special educational needs (SEN) or an education, health and care plan **or**
- left care through special guardianship or an adoption or residence order.

Provide • your name • date of birth • National Insurance number

and find out NOW if you are eligible by contacting the Early Intervention Central Team on **020 3373 0980** or email **twoyearold.childcare@newham.gov.uk** visit **newham.gov.uk/twoyearold.childcare**

Give your child a free head start

If you have a two-year-old child and receive benefits or are on a low income, you could be eligible for 15 hours a week free early years education. From this April the eligibility criteria will be broadened. This means almost two in five children will be eligible for a free place.

Sadia Makimera from Canning Town is mother to two boys.

Julian (pictured) started attending Edith Kerrison Nursery and Children's Centre in September.

Sadia's eldest son had been diagnosed with autism and she found it difficult to cope. She said: "My son has non-verbal autism and does not speak. Over the few weeks when he was diagnosed it was tough. It was a lonely journey. I had no one to turn to."

"I wanted to help other parents as their child is diagnosed with a disability and their journey into the unknown begins. When Julian started at the nursery I used this time to set up a support group for parents and carers looking after children with special needs."

Sadia did not know two-year-old Julian was eligible for 15 hours a week of nursery education until she saw a leaflet in

the children's centre. She said: "I thought your child had to be three to get a nursery place. Since I found out otherwise I've been telling everyone I come across."

"I have seen a lot of changes in Julian. Because his brother is non-verbal he wasn't learning anything from him, they just used to babble all day. Now we can talk together, his language has improved and he is learning new things. I am glad that he has had the chance to get this education earlier."

As well as the support group for parents of children with special needs, Sadia has recently become a parent governor at Edith Kerrison Nursery and Children's Centre. She said: "I have had tremendous help from the staff at the children's centre. I shared my idea and they were quick to support it – and me."

Check if you're eligible

Head to one of these free workshops to check if your child is eligible for early years education:

Friday 21 February, 1-3pm, North Woolwich Children's Centre, 68a Winifred Street, E16

Friday 28 February, 9am-12noon, Susan Lawrence Children's Centre, Lawrence Avenue, E12

Thursday 6 March, 1-3pm, Sheringham Children's Centre, Sheringham Avenue, E12

For more information turn to the ad on page 12, call **020 3373 0980** or email **twoyearold.childcare@newham.gov.uk**



PUTTING AN END TO...

Vulnerable tenants living in squalid, unsafe environments will soon be a thing of the past thanks to Newham Council's Private Rented Property Licensing (PRPL) scheme. In just one year, massive improvements have been made to Newham's rental market as unscrupulous landlords are held to account.

Newham is the first council in the country to introduce borough-wide private rented property licensing. The scheme was set up to stamp out the crime and anti-social behaviour associated with the poor management of rental properties and drive up the standard of poorly maintained rental homes.

A happy ending for one home

A property in Plaistow licensed to house one family was discovered to be home to more than 12 people living in appalling conditions.

Housing enforcement officers from Newham Council encountered dreadful scenes when they visited the three-bedroom property early one morning in September last year following complaints of anti-social behaviour from neighbours and the tenants themselves.

According to reports, one of the tenants had sublet the property to many others. To hide the number of people at the property, tenants were forced to enter and exit from the back of the house.

People were shoehorned into every available space, with three beds in the hallway divided by curtains. As well as rising damp and filthy conditions, the property had cockroach and rodent infestations. Neighbour Chris Dobric said: "It was really awful. People were coming and going at all hours of the day and night. There was a lot of furniture dumped in the back garden and we started getting mice. Thankfully, things have changed now."

When threatened with enforcement

action, the landlord, who claimed to know nothing of the subletting and conditions at the house, took swift action. Within eight weeks, the property was completely refurbished including a new kitchen and bathroom.

Letting rules for tenants

Thanks to property licensing, Newham tenants have more rights and protection than elsewhere in London.

Every landlord with property in Newham has to have a licence. Without this they cannot end a tenancy, as the landlord has to produce the licence or proof that they have applied for a licence as part of the possession court proceedings.

Your landlord must provide you with a written tenancy agreement which clearly sets out rent payable, any other charges, tenant's rights and details of which approved Government deposit scheme they are using. You should also be shown where all the smoke alarms are located, copies of current gas certificates and a copy of the property licence. The licence will specify how many people can live in the property. They must also provide their contact details so that tenants can report problems with their accommodation which need attention.

If your landlord does not have a licence for your property you may be able to claim back some or all of your rent. For more information on the scheme and to check if your home has a licence visit www.newham.gov.uk/propertylicensing

Councillor Andrew Baikie, executive member for housing and customer service, said: "The PRPL scheme has rooted out bad landlords that think housing people in unacceptable conditions is acceptable. As well as the exploited tenants, neighbours and neighbourhoods suffer from the effects of poor quality housing and overcrowding, including increased waste, flytipping and other anti-social behaviour. Newham's Private Rented Property Licensing scheme is a blueprint for other local authorities to follow."

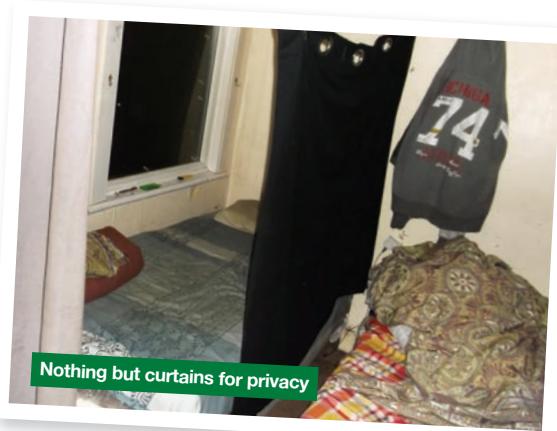
It is against the law for any landlord to let a property in Newham without having made a licence application. If found guilty they could be fined up to £20,000 and be liable to repay rent received. To report a property that you suspect is not licensed email propertylicensing@newham.gov.uk or call 020 3373 1950.

Since the scheme:

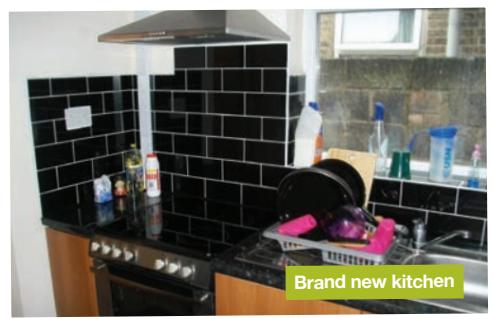
- > **30,000 property licences issued**
- > **£264,000 per year in Council Tax recovered from landlords**
- > **245 arrests made during joint licensing visits with the police**
- > **165 enforcement cases taken against landlords**
- > **£0 of your Council Tax spent.**

HORRENDOUS HOUSING

THE PROPERTY IN SEPTEMBER



THE PROPERTY IN DECEMBER



We are looking for a reputable operator to run our outdoor community bars at The Mayor's Newham Show and Under the Stars for 2014.

Please contact the Events Team for further information.

T: 020 3373 1774 E: events@newham.gov.uk



London Borough of Newham School admission arrangements consultation

We are consulting on the school admission arrangements to our community and voluntary controlled primary schools for entry from September 2015.

As Langdon Academy uses our admission arrangements, the school will also be included in the consultation.

We would like to know what you think about all our admission arrangements, but in particular our oversubscription criteria (admission rules). This is what we use to decide who gets a place if there are more applicants than places available.

Any changes we make because of this consultation will apply for all applications for the school year 2015/16.

Tell us what you think

To see the proposed admissions arrangements visit: www.newham.gov.uk
You have until 5pm Friday 28 February to tell us what you think. We will not consider any responses we receive after this time.

If you have any comments about community and voluntary controlled schools and Langdon Academy, send them to:

Tracy Jones, Pupil Services
Newham Dockside
1000 Dockside Road
London
E16 2QU

If you have any comments about voluntary aided faith schools, send them to:

Chair of Governors
c/o St. Joachim's Catholic
Primary School
Shipman Road
London
E16 3DT

We will widely publish all school admission arrangements after they have been determined (approved). The documents will be available by **1 May 2014**.



Don't be a cupid fool when it comes to safer sex

With February comes Valentine's Day (also known as Think About Sex Day), putting romance and relationships in the spotlight and heralding the perfect time of year to think about sexual health.

Whether you're sexually active or not, it's important to be aware of your own sexual health and that of any potential partners.

East London has one of the highest rates of sexually transmitted infections (STIs) in the UK and many of these have no symptoms. Monte Fields, sexual health advisor at Newham University Hospital, said: "Chlamydia and gonorrhoea are the two most common STIs in the UK. The best way to prevent becoming infected is to practise safer sex by using a condom.

"Many STIs don't have any symptoms, so many cases remain undetected. Chlamydia in particular, if left untreated, can cause serious reproductive health problems."

The Greenway Centre at Newham University Hospital, run by Barts Health

NHS Trust, offers a confidential 'walk-in and wait' service with no need to make an appointment. Every year more than 18,500 local people are given a range of advice, free contraception, STI testing and treatment. The team can also help if you think you were recently in contact with HIV and offer follow-up care.

Newham has one of the highest rates of HIV in England with people three times as likely to have HIV compared to the average for England. Nowadays, with early diagnosis and medical treatment, most HIV positive patients can have a life expectancy the same as everyone else's.

The Greenway Centre at Newham University Hospital, Glen Road, E13, is open from Monday to Friday at varying hours. Call **020 7363 8146**. Visit the Barts

Health website for more information
[www.bartshealth.nhs.uk/
sexual-health](http://www.bartshealth.nhs.uk/sexual-health)

A new STI screening service has been launched by Newham Council and Barts Health NHS Trust on Tuesdays, from 10am-2pm at St John's Church, Stephen's Room, Broadway, E15. There is no need to make an appointment. For more information about STI screening at St John's call 020 7363 8008 or 020 7363 8145.



Get active at half-term

Make the most of your half-term break with a host of ideas and activities from activeNewham for children, young people and families taking place from Saturday 15 to Saturday 22 February.

FREE highlights

Free swimming

If you are a Newham resident aged under 16 or over 60, you can swim for free at all of Newham's leisure centres during public sessions.



Free female gym sessions (11 to 14 years)

A supervised fitness session where you can learn to use the gym equipment.
Newham Leisure Centre, Prince Regent Lane, E13. For times, call 0844 414 2728.

Free female indoor group cycling (11 to 16 years)

Supervised indoor cycling sessions.
Tuesday 18 and Thursday 20 February, 5-5.30pm, Newham Leisure Centre. You must book in advance by emailing [Laurie Small@activenewham.org.uk](mailto:Small@activenewham.org.uk) or calling 0844 414 2728.

Free Go Wild sessions

Get active and explore Central Park with a morning session of digging and seed sowing and an afternoon session in the Discovery Garden for informal play with games and den building.
Central Park, High Street South, E6. Friday 21 February, 11am-1pm (meet at the bowling green) and 1.30-3.30pm (meet at the café). Children under 14 must be accompanied by an adult.



Represent Newham in the London Youth Games

London Youth Games is Europe's largest

annual sporting competition. Newham will compete against other London boroughs in more than 50 different sports competitions. If you think you have the skills, talent and attitude to be part of the Newham team then come along to one of these sessions to talk about joining Team Newham. These are not sports activities or trials. Team Newham is recruiting for: angling, archery, canoe/kayak, cycling, football, handball, hockey, indoor rowing, judo, rowing, female tag rugby, sailing, squash, swimming, table tennis, tennis, triathlon/aquathlon, volleyball and weightlifting.

Tuesday 18 February, 10.30am-12.30pm, East Ham Leisure Centre, 324 Barking Road, E6.
Thursday 20 February, 10.30am-12.30pm, Newham Leisure Centre, 281 Prince Regent Lane, E13.

Other highlights

Indoor cricket (eight to 16 years)

Qualified coaches will help you develop your cricketing skills.
Monday 17 to Wednesday 19 February, 10am-1pm; £2 per session or £5 for three days. Lister School, St Mary's Road, E13. Spaces are limited.
Pre-book by calling 0844 414 2728.



Tennis coaching (eight to 16 years)

Indoor tennis with qualified coaches. Learn technical skills and improve your tennis. Equipment provided.
Wednesday 19 and Thursday 20 February, 1-4pm, £5 per day. Central Park tennis courts, High Street South, E6. Pre-book by calling 0844 414 2728.

BMX (eight years to 16 years)

An introduction to BMX skills with BMX-Treme.
Thursday 20 February, 10am-1pm, £5, BMX Track, Gooseley Playing Fields, St Albans Avenue, E6. Booking essential call 0844 414 2728.

You must be able to ride a bike unassisted. Full length clothing should be worn. Bikes and helmets provided. Please bring a snack and a drink.

Kids' stuff (five to 11 years)

Play scheme with sports activities and imaginative arts and crafts.

Monday 17 to Friday 21 February, 8am-6pm, £13.35 daily or £56.40 weekly, Newham Leisure Centre, Prince Regent Lane, E13. Pre-booking essential. Call 0844 414 2728.



Football and Multi Sports Coaching (eight to 16 years)

Coaching sessions to learn new skills and try them out in a competitive setting.
Monday 17 to Thursday 20 February, 11am-1.30pm, £2 per session, Newham Leisure Centre, Prince Regent Lane, E13. No booking required.

Refer two friends and get one-month's activeNewham membership

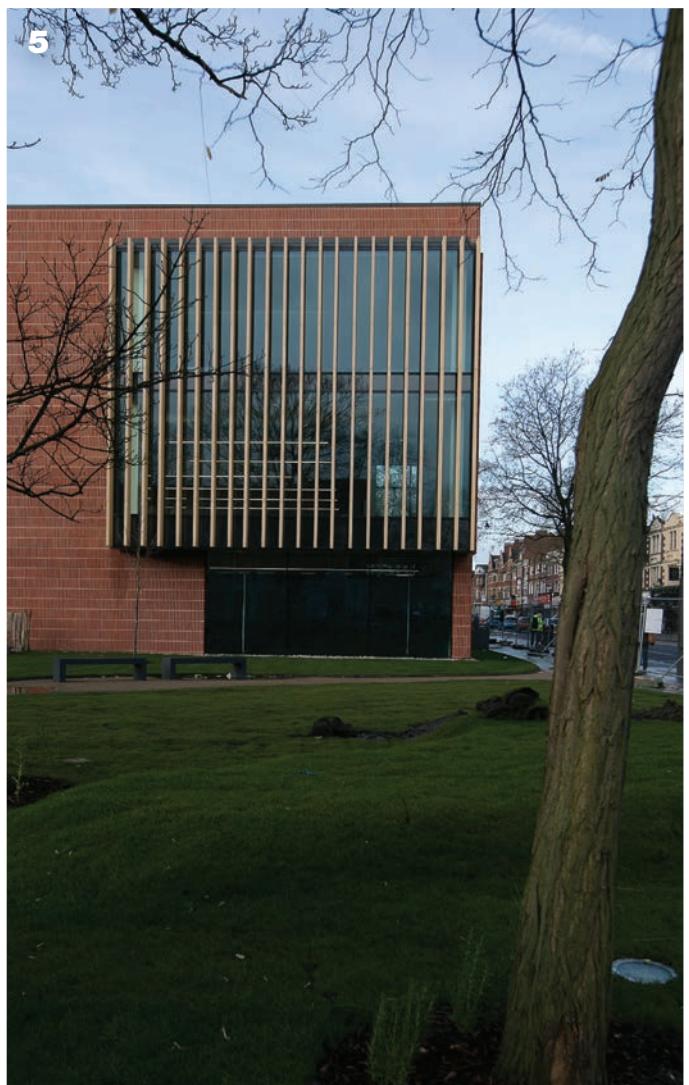
It's much more fun to workout or play sports in a group. Refer two friends to take out an activeNewham membership and get a month's free membership at one of Newham's three leisure centres.

Visit your local leisure centre with your friends and speak to one of activeNewham's membership advisors for more information

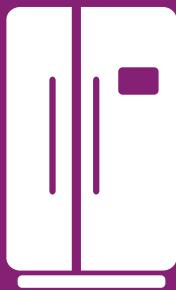
For full details of all half-term events and activities visit any Newham leisure centre, library or Local Service Centre. You can also visit www.activenewham.org.uk or call 0844 414 2728.



Newham in pictures



1 A chip off the old block. Trainee Callum Yeoman gets to grips with carpentry at the Building Crafts College, Stratford. **2** West End freebie is an East End delight. Students from Royal Docks School enjoy *The Curious Incident of the Dog in the Night-Time* at Old Town Hall, Stratford. **3** Highly strung – tutors from Newham's Every Child a Musician programme show their talents on graduation day. **4** A tailor-made career. Aysha Bakhi gets retail support at Skills Place, E15, thanks to employment service Workplace. **5** Building for the future. Finishing touches are made to East Ham's new Customer Service Centre and library in preparation for its opening on Monday 17 February.



Bulky waste disposal in Newham



Newham Council offers a free bulky waste collection for residents.

Incorrectly disposed bulky waste can lead to a £110 penalty notice.

Non-payment of fixed penalty notices will lead to prosecution and a fine.



To book a collection or for more information visit:
www.newham.gov.uk/bulkywaste

Do you live in Newham and want to teach a musical instrument?

The Mayor of Newham offers a ground-breaking programme called Newham's Every Child a Musician, which provides free music tuition in schools to children aged nine to 12. As part of the programme, Newham Council helps talented local musicians to become music tutors through our Local Tutor Training Programme.

- > Can you play an orchestral instrument, the guitar or keyboard to a high standard?
- > Do you want to develop your teaching skills and experience so that you can become a music tutor?

If the answer is yes, then the **FREE** part-time Local Tutor Training Programme could provide you with a pathway to rewarding employment opportunities.

The next course runs from **27 February to 28 June** and involves three one-day workshops taking place on a monthly basis. For more information about course content, application and interview dates, call **020 3373 0481** or email **ecam.tutor@newham.gov.uk**





Granting wishes

Sometimes local clubs or community groups need a little extra support to get the best out of what they do. That is why Go For It grants were set up by Newham Council. One club to benefit is Stratford Judokai.

Mick Foulger of Stratford Judo Club applied for a Go For It grant after the club's matting needed replacing.

Mick explained: "All our coaches are qualified, but we are volunteers. So we need funding to keep us going. Our other mats were very old, we were sustaining injuries. We needed new mats but just couldn't afford them."

After the 2012 Games, matting from the judo competition was offered up for clubs to bid for. To buy new matting to fit out the dojo would have cost more than £10,000. The 'once used' matting cost half that, but the club was still short of the money they needed.

With the help of match funding from the British Judo Association, Mick applied for and got a Go For It grant from Newham.

Mick says the matting has made a huge difference: "Now you can get thrown about without getting up with aches, pains and bruises. It's a contact sport, so you have got to have safety."

The new matting has also made the dojo accessible for disabled people to try judo. Other groups like after-school clubs are able to use it as a safe play area. The matting has also helped increase club numbers and young club member Hayley Willis is now hotly tipped to represent Britain at the Rio 2016 Olympic Games.

If people want to try out judo at Stratford Judokai, the first lesson is free and they will even loan you a gi (judo suit) for the first few times. Beginners classes are on Wednesdays at the Docklands Centre, 98 Gibbins Road, E15. Call **07985 601 260** for more information.

Go For It grants give funding for not-for-profit projects and regular activities that can bring communities together. They can provide funding of up to £2,000. For more information visit www.newham.gov.uk/grants

A curious incident at the town hall



Whether you've read the book or not, *The Curious Incident of the Dog in the Night-Time* has come to be known as a literary great. After its run at the Apollo Theatre ended last year, and before the play moves to its new home at the Gielgud Theatre, the team took the production out of Theatreland and into Newham's Old Town Hall, Stratford.

Playwright Simon Stephens joined Newham schoolchildren for one of nine performances of the critically acclaimed production, shown as part of Newham's Every Child a Theatre Goer (ECaTG) programme.

The play, based on a novel by Mark Haddon, tells the story of Christopher, a 15-year-old boy whose obsession with a murdered dog transforms his life.

With more than 25 scripts to his name, Simon is one of England's cutting-edge playwrights. His love for writing stems from his childhood and he doesn't recall a time when he didn't write. He said: "My

introduction to drama came from television. Writers like Dennis Potter were writing for screen and stage. It was only when I went to university that I really came across the idea of serious drama on stage. Theatre can combine the energy of live music and the human truth of drama. That's fundamentally all I have ever tried to do – 22 years later I'm still trying."

While Simon was resident dramatist at the National Theatre he met author Mark Haddon. When two talented wordsmiths collide only good things can happen. He said: "We're similar ages, we've children

about the same age and we both wish we were in bands rather than being writers.

"In early 2008 I got a phone call from him asking if I'd like to adapt the novel for the stage. He'd been approached with a lot of offers. After it was suggested as a musical he thought he better take responsibility and choose somebody to do it. He trusted me and let me get on with it."

What ensued was the creation of Simon's second Olivier award-winning play, which the modest playwright brushes away saying: "Awards are flattering and they represent the spirit



behind a company and a show. To say one play is better than another is tricky as everything is so subjective."

Bringing the show to Old Town Hall was a collaborative effort with Newham Council, Theatre Royal and the National Theatre, where the production originally premiered.

Almost 2,000 Newham secondary school students watched the play during the fortnight of shows. Simon said: "I love the East End, for me it's proper London. There's a real energy to Stratford and a real energy to Newham that I think is really true to the spirit of London."

"The point of these shows is to celebrate theatre, its possibilities, its audience and the love of Mark's book. What's extraordinary about this experience is that the audience are getting the West End cast, West End production and the best director in Britain directing these actors for free in their town hall. That's pretty amazing."

A former East End teacher, Simon's passion for ensuring students, and others, have access to theatre echo some of the aims of Newham's ECaTG. He said: "Having access to theatre reminds us that we're human. The theatre, more than any

other art form, reminds us of humanity and what it's like to be alive. It's the perfect forum for getting people to ask questions about what it is to be alive. And there is no one more philosophically searching than teenagers."

To find out more about Newham's ECaTG and the other Newham Every Child programmes which include music, reading and sport visit www.newham.gov.uk/everychild

Workplace: getting you better jobs

Workplace, Newham Council's employment service, ensures that Newham residents are first in line whenever jobs are available and that they have the skills to secure the kind of employment that could turn into a lifelong career.



Workplace can provide support and advice to enhance your career including:

- **finding the right job**
- **work-related training**
- **boosting your skills with work experience and volunteering**
- **business start up advice**
- **CV masterclasses.**

One of the unique features of Workplace is that they can give you the training and the skills to do the job before you apply for roles, which means that when it comes to the interview you already know that you are the candidate to beat.

For more details drop into one of Workplace's offices in Stratford or Canning Town, call 020 8430 4331 or visit www.newhamworkplace.co.uk

Workplace is a one-stop-shop where Newham residents can get advice about employment, training or starting their own business. It's also where employers go when they want to recruit quality staff.

Mayor Sir Robin Wales said: "Since opening in 2007, Workplace has helped 20,000 residents into work. In Newham we invest in people and that is why our residents are always at the front of the line to get the job."

Looking for work?

If you are looking for work, go along to the careers fair at Newham College, East Ham Campus, High Street South, E6, on Tuesday 4 March from 12noon-4pm. There will be a wide range of employers present as well as advice about careers and information, on education, training and apprenticeships.

Bernardette Whyte has been a Newham resident for 25 years. She first contacted Workplace after being a stay at home mum for 18 months. She said: "I just dropped in because I pass it everyday. I was assigned an advisor who asked me what skills I had, what I was interested in and then helped me put a CV together."

Bernardette was looking for work in admin, but struggled to find the part-time position she wanted. Before Christmas in 2012 Workplace helped her get a part-time retail job at John Lewis. Bernardette said: "The manager liked my work and I've been there more than a year." At the same time, she continued to do vocational qualifications and placements through Workplace that would equip her for jobs in the health sector. This culminated with an NVQ Level 2. Bernardette said: "Once I got the qualification I got two interviews and was offered both jobs." She has now taken a part-time admin post at Barts Health NHS Trust starting at the end of February. Bernardette says: "Workplace is just brilliant. They are very encouraging, have given me a lot of support and helped me all the way. They are a lovely group of people."



Isaac Tetteh had been out of work for nearly a year. He happened to be passing by Workplace in Stratford so he dropped in to see what they could do for him. He signed up and was pleasantly surprised. Isaac said: "Within a week Workplace had called me with job offers and within a month I had found a position."

Isaac worked in security during the 2012 Games and was supported by Workplace to complete a Security Industry Authority (SIA) qualification. At the same time he continued to receive more job offers from Workplace. He took a temporary contract with London Overground and while there trained in customer service and revenue protection. He has recently accepted a position with STM Security in Stratford who check tickets on London Overground trains. Isaac said: "I think Workplace is brilliant. The advisors are very helpful. They even got me an Oyster Card to get to an interview when I couldn't afford one. Most importantly, they keep sending you job offers and they make sure that you find work."



NEWHAM SERVICES FORUM

TO ADVERTISE IN THE NEWHAM SERVICES FORUM PLEASE CONTACT JULIE MADELL ON 07890 529 090



MOMO
ADAPTED FROM THE NOVEL BY
MICHAEL ENDE

FILAMENT THEATRE AND GREENWICH THEATRE

This breathtaking musical fantasy, based on the children's book by Michael Ende (author of *The Neverending Story*), is the tale of a young girl's battle to save the world from the time-stealing 'Men in Grey'. A cast of eight use magical harmony, physical theatre and puppetry to tell this fantastic story.

The show also features Stratford Circus' resident youth choir NewYVC.

Stage rights: Verlag für Kindertheater Weitendorf, Hamburg

SAT 29 MAR
3PM AND 6PM
PRICE: £8/£6 CONCS
£24 FAMILY TICKET*
AGE: 7+
DURATION: 2 HOURS
INCLUDING INTERVAL
0844 357 2625
WWW.STRATFORD - CIRCUS.COM

*Family of four must include one child
Supported by Arts Council England

Image Credit: Emma Wee

arts council
england Newham London Garfield Weston newic
newham education partners

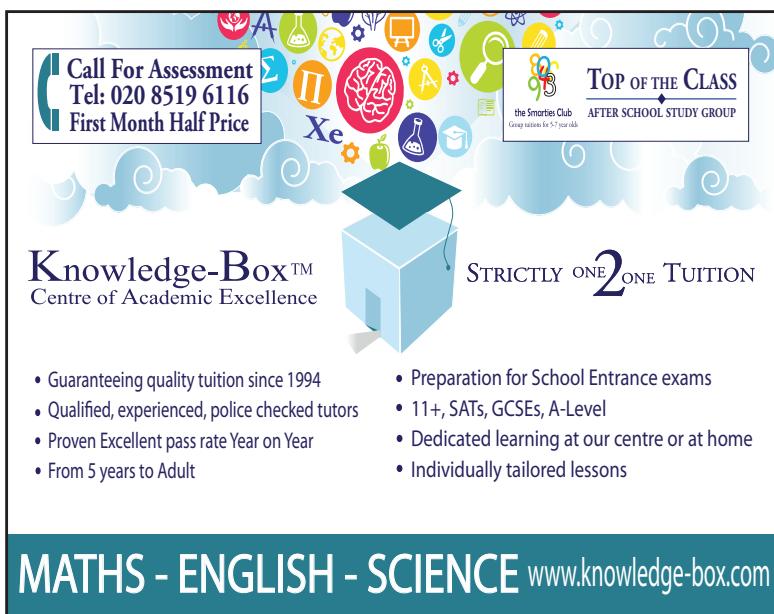


Newham London

Newham Council will MOT your vehicle £40 for Newham residents

Contact us on 020 8472 0343
or email mot@newham.gov.uk
Book online www.newham.gov.uk/Pages/Services/MOT-testing.aspx
Appointments only Class 4 vehicles only (cars)

Central Depot, Jenkins Lane, Barking, Essex IG11 0AD



Call For Assessment
Tel: 020 8519 6116
First Month Half Price

TOP OF THE CLASS
the Smarties Club
Group lessons for 5-7 year olds

Knowledge-Box™
Centre of Academic Excellence

STRICTLY ONE 2 ONE TUITION

- Guaranteeing quality tuition since 1994
- Qualified, experienced, police checked tutors
- Proven Excellent pass rate Year on Year
- From 5 years to Adult
- Preparation for School Entrance exams
- 11+, SATs, GCSEs, A-Level
- Dedicated learning at our centre or at home
- Individually tailored lessons

MATHS - ENGLISH - SCIENCE www.knowledge-box.com



**SEE IT
HEAR IT
REPORT IT**

**CALL
999**

**DOMESTIC VIOLENCE:
NO ONE SHOULD SUFFER IN SILENCE**



thenewhammag

To advertise here call Julie Madell
on 07890 529 090 or email
julie.madell@newham.gov.uk

Do the right thing – don't rubbish where you live, don't rubbish Newham.

We all have a personal responsibility for what we do with our rubbish. Putting litter in the bin is a non-optional social obligation. There's nothing good about littering and those caught littering are fined.

Since April 2013 we have given out 5,920 fixed penalty notices for littering.

Take-away rubbish is making our streets a mess. You know it's not right. Don't be a polluter. Don't expect other people to clear up after you. We don't need litter lying everywhere – do the right thing – put it in the bin.

A little bit of litter goes a long way. Newham has more than 375km of roads and pavements to be cleaned every day. Almost £12 million of your money a year is spent on cleaning streets and picking up litter.

People say that there's nothing they can do, but that's not true, just do the right thing and put your rubbish in the bin.

It's not cool to be a throw away fool. The pictures on this page show people who are responsible for dropping litter and other forms of anti-social behaviour. If you recognise anyone please call **020 3373 4479** and quote the reference number beside the picture.

Ensuring your anonymity

Newham Council is committed to tackling crime and anti-social behaviour in partnership with the police and other agencies. If you provide information regarding identities:

- you will not be required to provide your name
- you will not be required to leave your contact details
- you will not have to make a statement

Don't put up with rubbish.
Don't drop it and if you see it report it.
To get it cleared up report it online at
www.newham.gov.uk/MyNewham



Ref: Jan10080



Ref: Jan10483



Ref: Jan10484



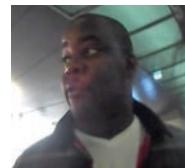
Ref: Jan11788



Ref: Jan13776



Ref: Jan14146



Ref: Jan14223



Ref: Jan14225



Ref: Jan14740



Ref: Jan15259



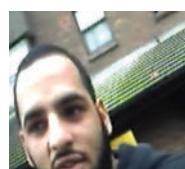
Ref: Jan15269



Ref: Jan15526



Ref: Jan15737



Ref: Jan17058



Ref: Jan19704



Ref: Jan19883



Ref: Jan19885



Ref: Jan20098



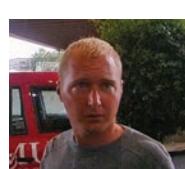
Ref: Jan20424



Ref: Jan21815



Ref: Jan25217



Ref: Jan25468

Call **020 3373 4479**
and quote the
reference number
beside the picture.

CAUGHT ON CAMERA

Win tickets to Momo

From Michael Ende, the author of *The Neverending Story*, comes *Momo*, a cult fantasy novel adapted for the stage, showing at Stratford Circus next month.

Momo is a thrilling fusion of dazzling vocals, original songs, puppetry and storytelling.

Momo's new home has been invaded. The Men in Grey are taking her friends away... by stealing their time. As the world starts to run faster and faster and her friends disappear, Momo must defeat this shadowy enemy.

To be in with the chance of winning a family ticket (two adults, two children) to *Momo* answer this question: **Which of these is not a fantasy novel?**

1. *Lord of the Rings*
2. *Alice in Wonderland*
3. *The Oxford English Dictionary*

Email your answer, name, address and telephone number to **newham.mag@newham.gov.uk** or send it to *Newham Mag*, Newham Dockside, 1000 Dockside Road, London, E16 2QU by Monday 24 February.



Momo is showing at Stratford Circus, Theatre Square, E15 from 28 to 29 March. Tickets cost £8 (£6 concs) or £24 for a family ticket. To book call the box office on 0844 357 2625 or visit www.stratford-circus.com

Martial arts tournament

E12 Martial Arts Association are holding a tournament for families to enjoy during the half term school holiday. It is open to both adults and children and for clubs from various styles.

The tournament runs from 10am-6pm on Saturday 22 February at Trinity Centre, East Avenue, E12. Spectator fees: £4 adults, £2 children, £12 Family ticket (2 adults, 2 children).

For more information call 07878 253 642.



The Newham Careers Fair

On Tuesday 4 March there will be a careers fair at Newham College, East Ham Campus, High Street South, East Ham E6, 12noon-4pm. There will be employers such as BT, the Royal Navy and London City Airport, and representatives of further and higher education such as Oxford University and the University of East London. There will also be job brokers and careers advice available from organisations like Newham's employment service Workplace.



Newham Woodcraft Folk are 80

Newham Woodcraft Folk are spending a whole year celebrating their 80th birthday.

The popular children's organisation is inviting members and friends old and new to join in on their 80 great things challenge, which will run throughout 2014.

The first of the 80 greats was launched in January with an eight mile muddy walk across Wanstead Flats to Hollow Pond with 20 adults and children, followed by outdoor art activities.

Jack Walker, member of the Woodcraft Folk, said "In this special birthday year we want to share our wonderful activities with other people in Newham."

The next of the Woodcraft folk's 80 greats are:

- a ceilidh with live music and dancing, Saturday 8 March, 5.30-9.30pm at Durning Hall, Forest Gate, E7
- A sponsored sleep out to raise money for rough sleepers on Friday 14 March.

For more information visit www.newhamwoodcraft.org.uk or email newhamwoodcraft@gmail.com



Out and about with the Woodcraft Folk



Prostate cancer fundraiser

Newham African Caribbean Resource Centre is holding a series of table top sales to raise funds to run awareness sessions about prostate cancer and living with prostate conditions.

If you need to de-clutter your home or have unwanted stuff to sell book a table for a one-off fee of £10. You can sell used goods such as clothing, toys, books or plants.

The table top sales take place on Saturday 1, Tuesday 11, Tuesday 25 March and Saturday 5 April, from 10am-4pm at the African Caribbean Resource Centre, 627-633 Barking Road, E13. For more information call 020 8529 7998 or email hardingdenner@aol.com

Books for free

Starting on 14 February with Danielle Steele, Books For Free, in Stratford Centre shopping mall, is running a series of week-long events celebrating the work of famous authors.

Books For Free is a charity who aim to prevent thousands of books ending up in landfill or torn apart for pulping. They do exactly what their name suggests – every visitor is entitled to take three books away for free.

To find out more, or pick up your three free books, drop in at Books for Free Stratford, Unit 15, Stratford Centre, Broadway, E15 or find them on Facebook.



Kids' corner



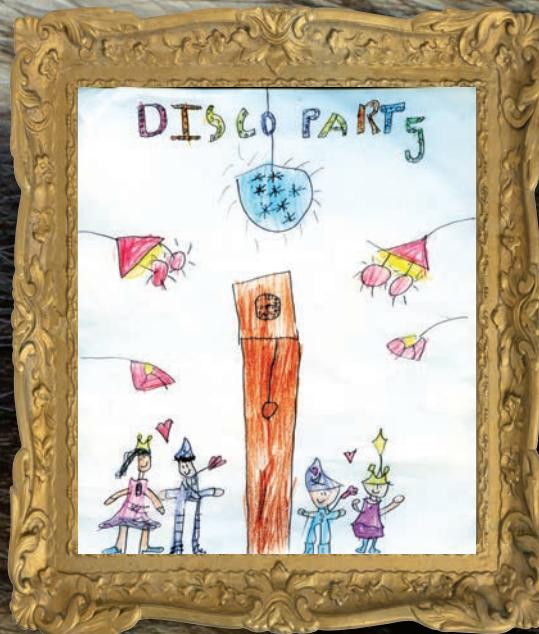
PLEASE SEND YOUR DRAWINGS,
JOKES AND POEMS TO:
KIDS' CORNER, WEST WING
4TH FLOOR, NEWHAM DOCKSIDE
1000 DOCKSIDE ROAD, LONDON E16 2QU
OR EMAIL THEM TO
newham.mag@newham.gov.uk

Don't forget to write your name, age, address and daytime contact telephone number on the back of your entry. We cannot return any entries.

GALLERY



Thirushan Selvanantham, 8



Ishtar Kubiak, 6



Manjinder Sandhu



Mahin Tahir, 11

Free membership at Stratford Picturehouse

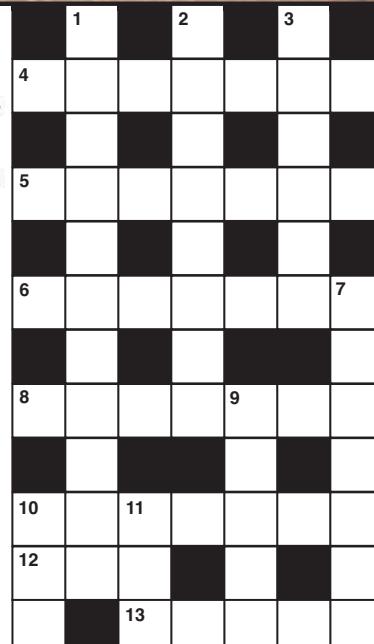
This issue's winner receives free annual family membership at Stratford Picturehouse, which includes free tickets and discounts on films.

To be in with a chance of winning this or another great prize, send your pictures, jokes and poems to **Kids' Corner, West Wing, Fourth Floor, Newham Dockside, 1000 Dockside Road, London E16 2QU**. Don't forget to write your full name, age, address and daytime contact telephone number on the back of your entry. **Good luck!** Visit www.picturehouses.co.uk to see what's on.

Picture
house
STRATFORD



Colour-me-in Crossword



Across

4. Yellow, curved pieces of fruit (7)
5. Odd and mysterious (7)
6. Less heavy (7)
8. Alters (7)
10. Place of education (7)
12. Also known as (abbreviation) (3)
13. Magicians' sticks (5)

Down

1. Peter Pan's great enemy (7,4)
2. Long-distance running race (8)
3. Bracelet (6)
7. Slices of bacon (7)
9. Colour associated with Ireland (5)
10. This animal's young is a kitten (3)
11. Rule (3)

Poem

Weather

Weather, weather,
You are sunny,
You are rainy,
Weather is awesome!

Weather, weather,
You are cloudy,
You are windy,
Weather is fantastic!

Not forgetting snow,
Hail and thunder!

You are magical,
You are a miracle,
You are unpredictable,
Weather is epic!

By Farhaan Fayaz, age 10

WHAT'S ON?

14 - 28
FEB

FIVE PAGES OF ACTIVITIES MOSTLY FREE, ALL FUN

OUR THRILLING THREE...

1

Free coffee mornings at The Gate – from 10am-12pm on the last Wednesday of each month, next event on 26 February. Drop in to the library on Woodgrange Road, E7, for a coffee and a chat and find out more about activities and events in Forest Gate.

2

Brownie and Girl Guide taster session – for girls aged six to 12 years, Wednesday 19 February, 6-7.30pm. Games, activities, songs and food tasting to celebrate World Thinking Day. Play, Sow and Grow, 6 Gay Road, E15.

3

Us Girls Rocks celebrate International Women's Day – a free, female only sports day for girls and women aged 14 and over. Saturday 8 March from 12.30pm at Newham Leisure Centre, Prince Regent Lane, E13.

MENTION THE MAG...

When you Mention the Mag, you can buy a March Zumba pass for SalsaPam Community Dance for a discounted £20 and enjoy the infectious high energy beats of Zumba.

SalsaPam run two classes per week on Mondays and Thursdays, 6.30-7.30pm, at Queens Road West Community Centre (QRWCC), 63 Queens Road West, E13. Classes are £5 each. The Zumba pass gives you entry to all classes in March and, if you attend all sessions, could save you up to £25. Buy your pass from QRWCC during session times. Call **07916 327 541** or visit www.salsapam.co.uk for more information.



TRY SOMETHING NEW... HEALTH ACTIVITIES FOR CARERS

Newham Carers Network are inviting local carers to take part in a series of health activities:

- Male carers' exercise classes – Tuesdays and Thursdays, 11.30am-12.30pm, Stratford
- Pilates and tai chi classes (carers' only) – Mondays, 10.30-11.30am, Beckton
- 'Shape up to change your life' – a weekly, eight-week weight control programme, starting soon. Open to all Newham residents. Various times and venues

Newham Carers Network works with people of any age who provide unpaid support to family or friends who could not manage without this help due to illness, disability, mental ill-health or a substance misuse problem.

Booking is essential for all activities. Call Newham Carers Network on 020 8519 0811 for booking and location details. Leave a message if there is no answer, or email info@newhamcarers.org.uk



Indicates free sessions

ARTS AND ENTERTAINMENT



Comedy Night

Mon, 8pm, Theatre Royal, Gerry Raffles Sq, E15. Visit www.stratfordeast.com/comedy-night

UNDER-FIVES LIBRARY ACTIVITIES



Storytelling

Mon, 10.30-11.15am, Custom House
Mon, 11am-12noon, Beckton Globe
Tues, 10.30-11.30am, Canning Town
Tues, 11am-12noon, The Gate, Stratford
Thurs, 2-3pm, North Woolwich, Plaistow
Fri, 11am-12noon,

Manor Park, Stratford, Green St

Homework Club



Term time only.

Mon, 3.30-5.30pm North Woolwich

Mon, 4-6pm, Stratford, East Ham, Wed, 3.30-5.30pm, Green St, Manor Park

Thurs, 4-6pm, Custom House, The Gate, Plaistow

Fri, 3.30-5.30pm, Beckton, Canning Town

YOUNG PEOPLE'S LIBRARY ACTIVITIES



Homework Club (7-14yrs)



Mon, 3.30-5.30pm North Woolwich

Mon, 4-6pm Stratford

Wed, 3.30-5.30pm Green St, Manor Park

Thurs, 4-6pm Custom House, Plaistow

Fri, 3.30-5.30pm Beckton, Canning Town

Games Club (7-16yrs) 
Sony PS3, XBox360, Nintendo Wii, board games and much more.
Thurs, 6-7.30pm, Forest Gate
Tues, 4-5.30pm, Custom House

OTHER LIBRARY ACTIVITIES

Knit & Natter 
Adult group.
Wed, 10am-12noon, Beckton
Fri, 10am-12noon, Canning Town

Over-50s Club 
Thurs, 10am-12noon,
Beckton Globe

Chess Club 
Thurs, 5.30-7.30pm, Stratford

Employability Skills 
ESOL class with a focus on creating a CV and communication skills for work.
Mon, 12.30-2.30pm, The Gate

Skills Rethink Family Arts Club (3-12yrs) 
Sat, 12noon-2pm, The Gate

ESOL Class 
Tues, 9.30-11.30am, The Gate.
English classes, women only

Writers' Group 
Last Thurs of each month,
5.45-7.30pm, The Gate

Coffee Mornings
Tues, 11am-12.30pm,
Custom House
Last Wed of the month,
10am-12noon, The Gate
Thurs, 10-11.30am,
Canning Town

COMMUNITY ACTIVITIES

NCT Newham Groups

Mums2Be 
If you're pregnant, come and meet with other mums-to-be. Stratford Circus Cafe, every third Saturday of the month 10-11am, FREE. Contact newhamnct@hotmail.com or 07789 953 151

Bumps and Babies (up to 1yr) 
A free home-based meet up every Wednesday, 1-3pm

for expectant parents and those with babies. Email newhamnct@hotmail.com

Royal Docks Learning & Activity Centre

Mon, Employment Support sessions, by appointment only
Tues, Healthy Cooking Group, 10am-12noon, £1
Parent and Toddler group, free, 10am-12noon
Over-50s computer classes, 11am-1pm, £1
Weds, Coffee Morning,  9.30-11am
Keep fit class, 10-11am, £1
Learn to Earn – Employment Support Drop-in, 1-2pm 
Sewing Classes, 10am-12noon, £1
English support for Work,  12noon-1pm
Shop and drop (60+) 10.15am
Thurs, Tai Chi, £2, first session free, 10.30am-12noon
Learn to Earn, 11.30am-1pm 
Royal Docks Learning & Activity Centre, Albert Rd, E16. Call 020 7476 9922

Table Top Sale

Sell your goods. £5 a table.
Last Sat of every month, 9am-2pm, Jack Cornwell Community Centre, E12. Call 020 8553 3459

Music Therapy

Term-time sessions to help develop interaction with children.
Thurs, 3-4pm, Shrewsbury Children's Centre, E12. Call 020 3373 6050
Fri, 2.15-3.15pm or 3.45-4.45pm, Susan Lawrence Children's Centre, E12. Call 020 3373 7227
www.newham-music.org.uk

Guitar Lessons (7+ yrs)

Fri (during term-time), 3.30-5.30pm. The Garden Community Café, 7 Cundy Rd, E16. Call 020 7474 5257

Food Fusion

Create new recipes, learn new techniques and find out about the anthropology of food.
Mon 17 Feb, 10am-1pm
Tues 18 Feb, 10am-3pm
Wed 19 Feb, 10am-3pm

Hamilton Rd Centre, 1 Hamilton Rd, E15

BOXING AND SELF DEFENCE



Mon, Wed, Fri, 5-6pm
West Ham Boys ABC 9+yrs, The Black Lion, 59-61 High St, E13. Call 020 8472 3614
Mon, Wed, 6.30-7.45pm, white collar boxing
Mon, Wed, 6.30-8.45pm, kickboxing
Mon, Wed, Fri, 7-8.30pm
Muay Thai
Peacock ABC, 8+yrs, Caxton St North, E16
Call 020 7511 3799
Mon, Wed, Fri, 6-7.45pm
Newham Boys ABC, 6+yrs, Old Bath House, 141 Church St, E15. Call 020 8519 5983
Fight For Peace Boxing 
Mon, Fri, 4-5pm 10-14yrs
Mon, Fri, 5-9pm, 14+yrs
Woodman St, North Woolwich, E16. Call 020 7474 0054

Punch Out (16+yrs)

Tues, 4-5pm, Katherine Rd Community Centre, 254 Katherine Rd, E7. Email getactive@newham.gov.uk

Shoujin Karate

Fri, 6-7pm and 7-8.30pm.
Sun, 10-11am. Under-15s £4, 18+yrs £6, concs £5
Wed (during term time only) 4.30-5.30pm
Newham Shoujin Karate Club, Newham Leisure Centre, E13. Call 07508 070 638

Docklands Karate Club

First session free. Mon and Wed, juniors and beginners 7-8pm, all other grades 8-9pm, under-15s £4, 16+ £6, concs £5. Monthly rates available. UEL SportsDock. Call 07766 685 869

Gurumu Taekwondo

Mon and Wed, children 6-7.30pm, juniors and adults 7.30-9.30pm. Monega Primary School, Halley Rd, E12. Call 07931 709 140



Guitar lessons

JFI Karate (5+ yrs)

For children and teens
Mon, 5-6.30pm, Wed, 5-6.30pm, The Hartley Centre, E6. Call 07818 000 643

Kickboxing

Mon, Wed and Fri, 6.30-8.30pm. Trad TKO Boxing Gym, Stephenson St, E16. Call 07944 873 927 or email eastlondonkickboxing@gmail.com

Intense Fitness (14+)

Skipping, running, upper body and leg workouts followed by 20mins boxing and wrestling.
Fri, 8.30-10pm, £5. The Hartley Centre, E6. Call 07878 253 642

Boxing (Newham College)

Mon, 5-6pm, East Ham Leisure Centre, E6.
Wed, 4-5.30pm, SportsDock.

Judo

Mon, 5.30-6.30pm, SportsDock

Tai Chi Chuan

Mon, 8-9.30pm (From 3 March). Dockland Settlements, 98 Gibbins Rd, E15. Call 07958 293 200
www.absolutetaichi.co.uk

Stratford Judo Club

Competition training, Juniors (8-14yrs), Tues and Thurs 6.30-8pm 6.30-8pm; Seniors (15+ yrs), Tues and Thurs 8-9.30pm. Beginners, Tues 6.30-8pm, Wed 6.30-7.45pm; Seniors (15+ yrs), Wed 7.45-9.15pm. Juniors from £2 per class and seniors from £3 per class. Carpenters and Docklands Centre, 98 Gibbins Rd, E15. Call 07985 601 260
www.stratfordjudo.com

HEALTH AND FITNESS



Family Fit Camp

Discover fitness, health and family fun. Parents and children (7-12yrs), child is free. Sat, 12-1pm, SportsDock.



Ballroom dancing

90 Day Boot Camp Challenge

Starts in Feb, various times, SportsDock. For details call 07904 625 402 or email neusa@5starphysique.co.uk

Bootcamp (men only)

Thursdays, 7.30-9pm, £5 Langdon School Sports Centre, Sussex Rd, E6. Call 07818 000 643

Zumba classes

Thurs, 7.30-8.30pm, London Tamil Sangam, 369 High St North, E12, £5. Wed, 7-8pm, Hathaway Community Centre, Hathaway Cres, E12. Call 07720 805 505

Yoga

Weds, 6.45-7.45pm The Unitarian Church, West Ham Ln, E15. Tues 6.10pm and 7.10pm, Fri 10.30am and 11.30am, The Hub, 123 Star Lane E16. £6 (£4 concs). Call 07946 072 412 or visit www.om4health.co.uk

Gate 7 Yoga

Hatha Yoga, Tues, 10am, £6, Forest Tavern, 179 Forest Lane, E7. Hatha Yoga, Tues, 7pm, £6, Forest Gate Methodist Church, E7. Ashanga Yoga, Tues, 8.15pm, £6, Forest Gate Methodist Church, E7. Ladies only keepfit, Wed, 10am, £1, Chandos East Centre, E15. Hatha Yoga, Wed, 6.30pm, £6. Play Sow & Grow, Abbey Lane, E15. Ashanga Yoga, Fri, 10am, £6, Forest Tavern, 179 Forest Lane, E7. Call 07950 944 095 www.gate7yoga.wordpress.com

Twisted Pink Street Dance

7-11yrs, Thurs, 6-7pm, St Luke's

Church, Tarling Rd, E16. 12+yrs, Fri, 6-7pm, Maryland Studioz, 84 Leytonstone Rd, E15. All sessions £3. Call 07961 544 017, visit www.twistedpink.org.uk email twistedpink26@aol.com

Zumba

Mon and Thurs, 6.30-7.30pm, £5. Plaistow Community Centre, 63 Queens Rd West, E13. Call 07916 327 541

Zumba fitness with Jess

Weds, 7.15-8pm, £3.50 Vicarage Lane Community Centre, Govier Cl, E15. Call 07759 020 955

Zumba Circuits

Sat, 9.30-10.30am, £4, Community Resource Centre, 200 Chargeable Ln, E13. Call 07939 179 587

Unity Zumba

Mon and Wed, 8-9pm, Hartley Centre, 267 Barking Rd, E6. Tues, 8-9pm, and Thurs, 8.15-9.15pm, St Mark's Community Centre, 218 Tollgate Rd, E6. Sun, 6.30-7.30pm, Well Community Centre, 49 Vicarage Ln, E6. £5 per person. Call 07886 884 573 or email unityzumba@ufdance.co.uk

TENNIS



Indoor Tennis, Thurs, until 27 Mar, £3. 4.30-5.30pm, 4-10yrs; 5.30-6.30pm, 10-16yrs; 6.30-7.30pm. 16+. The Hub, Newham Leisure Centre, E13. Call 020 3373 9000

50+ ACTIVITIES



Newham LGBT Dinner Club

First Thurs of every month, 6-9pm. Free, but you pay for your own dinner. Theatre Royal Stratford East Bar, E15. Call 020 7239 0447

Newham Striders

Daily walking group Call 0844 414 2728

Ballroom Dancing

Mon, 10am-12noon, St Paul's

Church Centre, Burges Rd, E6.

£2.50 per session.

Call 07761 209 463

Nordic Walking

Wed, 9.30am. Meet at Lord Lister Health Centre, Forest Gate, not suitable for wheelchairs, £2. Call 07783 660 429.

Fri, 6.30-8pm. Meet at Newham Leisure Centre, E13. Sun, 10-11.30am, Meet at East Ham Leisure Centre, E6.



GREEN



Garden Club

Tues, 1-3pm, Thurs, 4-7pm, Sat, 10am-4pm, Abbey Gdns, Bakers Row, E15

Gardening Thymes

Gardening Club

Fri, 11am-1pm, Bowling Green, Central Park, High St South, E6

DOORSTEP CLUBS



Gym & Basketball (14+yrs)

Tues, 6-10pm, £2, Rokeby School, Barking Rd, E16

Stunt & Tumble (14+yrs)

Thurs, 7.30-9pm, £5, Talent Cheer & Dance, Gallions Reach, Armada Way, E6. Call 07866 612 610

Newham Doorstep Athletics Club (14+)

A multi-sport session focusing on athletics, football and the gym. Tues, 6-7pm, Newham Leisure Centre. Call 07718 394 756.

FEMALE SPORTS



Call 0844 414 2728 unless otherwise stated.

Dare2Dance (12-16yrs)

Street dance, Fri, 3.30-5.30pm, Newham Leisure Centre, E13.

Girls Spinning Sessions (11-15 yrs)

Tues and Thurs, 5-5.30pm, Newham Leisure Centre, E13.

Female Only Gym Sessions

Tues and Thurs, 3.30-5pm.

11-15yrs. Mon, 3-4pm, 16-25yrs.

Newham Leisure Centre, E13.

Female Boxfit Classes

(14+yrs)

Mon, 4.15-5.15pm, Balaam Leisure Centre, E13. Call 07970 783 526

Girls Football (11-16yrs)

Tues, 4-5.30pm, Newham Leisure Centre. Thurs, 5-6pm, Newham Leisure Centre. Fri, 5-7pm, Memorial Park, E15.

Sheila's Yummy Mummy Buggy (16+yrs)

£5, Mon, 10-11.30am, Central Park, High St South, E6 (meet outside cafe in the park)

Fri, 10-11.30am, Plashet Park, Plashet Grv, E6. Call 07908 614 958 or email spoleon@aol.com

Janice's Fitness (16+yrs)

Tues and Thurs 9.30-10.30am Soca and Zumba, £5. St George and St Ethelbert Church Hall, Burford Rd, E6. Email info@jfikarate.co.uk or call 07818 000 643

Zumba, Soca and Salsa Fusion

Mon, 6.45-7.45pm, £5 The Hartley Centre, E6. Call 07818 000 643

Sonia's Circuits (16+yrs)

Tues and Fri, 10-11am, £4, Ridley Christian Centre, 94 Upton Ln, E7. Call 07763 230 106

Body Blast (16+yrs)

Tues, 6.30-7.15pm, £5, Weds, 12.30-1.15pm, £5, Thurs, 12.30-1.15pm, £5, Fri (miniblast), 6.30pm-7pm, £2.50. Fitness membership £30 (entitles you to come to all

Girls Football



classes for whole month). Talent Central, Unit 27a, 3 Armada Way, Gallions Reach Shopping Park, E6. Call 07866 612 610

Abs Blast (11-15yrs)

Thurs, 5.30-6pm, £3.10, Newham Leisure Centre, E13.

Women United AFC (11+yrs)

Mon (term time only), 6-7.15pm, £1, Kingsford School, E6. Call 07792 932 979

Athlefit (14+yrs)

Athletic fitness, Wed, 5.30-6.30pm, £1. Flanders Community Centre, Napier Rd, E6. Call 07718 394 756.

Just Play (14-18yrs)

Wed, 6.30-8pm, multi-sports (term-time only). NewVlc, E13. Call 0844 414 2728

Get Back into Netball

Tues, 6-7.30pm, juniors, 7.30-9pm, seniors, £2. Lister Community School, St Mary's Rd, E13. Call 07717 281 529

Women's Badminton

Fri, 1-2.30pm, East Ham Leisure Centre, E6, £2, equipment provided. Call 07930 162 505

Keep Fit - Stay Fit

Sat, 10-11am, £3.50. Jack Cornwell Community Centre, E13. Call 07795 064 116

Bodyshape Fitness

Zumba for women, Thurs 7-8pm, £4, Durning Hall, Earlham Grv, E7. Call 07939 179 587

Ladies Only Keep Fit

Weds, 10am, £1, Chandos East Centre, Chandos Road, E15. Thurs, 10am, £1.50, Rokeby Centre, Rokeby St, E15.

SPORTS AND PHYSICAL ACTIVITIES FOR DISABLED PEOPLE



Family Swims for Disabled Children and Adults

Sat, 4.30-5.30pm, Newham Otters Swimming Club, Newham Leisure Centre.

Call 07931 788 739 Sun, 12.30-2pm, Family Swim, Balaam Leisure Centre, £5. Call 020 7476 5274

Swim for Families dealing with Autism

Wed, 4-5pm, Balaam Leisure Centre. Call 020 7476 5274

Get Fit for Free

Tues, 1.30-3.30pm and Fri, 10am-12noon. Free gym use for people with learning disabilities. Newham Leisure Centre, E13. To book an induction call 020 7511 4477

Disabled Athletics (8-18yrs)

Tues, 4.15-6.15pm, Brampton Manor, Roman Rd, E6. Thurs, 4.30-5.55pm, St Angela's Ursuline School, 1 St George's Rd, E7. Email cnourrice@englandathletics.org

Ability Club (11-25yrs)

Multisports for disabled young people. Weds, 5.30-6.30pm and Fri, 4.45-6pm, NewVlc, E13.

Trampolining Sessions (U19s)

Tues, 4.30-5.30pm, U19yrs, Newham Leisure Centre, E13. Call 020 7511 4477

Mixed Swimming Sessions for Adults and Children

Wed, 10am-12noon, East Ham Leisure Centre, E6. Call 020 8548 5850

Sensory Play

For children under five with special needs, speech and language delay or physical disabilities. Term time only. Fri, 10-11.30am, Oliver Thomas Children's Centre, Mathews Ave, E6. Email kathy.holdsworth@oliverthomas.newham.sch.uk or call 020 8821 0997

RUNNING



East End Road Runners

Tues and Thurs, 7pm Sun, 9am. Meet on the track. Coached sessions for

all abilities. Newham Leisure Centre, E13. Call 07979 261 647

Run England

All sessions are £2 unless stated.

Sun, 10am-12noon, Newham Leisure Centre, E13, (meet on track). Mon, 4-5.30pm, Newham Leisure Centre, E13 (meet on track).

5.45-6.45pm, Newham Dockside, E16 (meet at reception)

Tues, 6-7pm, Newham Leisure Centre, E13 (meet on track).

Weds, 12noon-1pm, Newham Dockside, E16 (meet at reception)

Thurs, free, 5.15-6.15pm, UEL Docklands Campus, E16 (meet at reception)

Sat, 10-11.30am, East Ham Central Park, E6 (meet at the café)

10-11.30am, Wanstead Flats, E12 (meet at Harrow Rd Changing Pavilion)

10-11.30am, Memorial Park, E15, £4 (meet at car park) Call 07718 394 874

Beckton Park Run

Sat, 9am, Beckton Park South, E16. Call 07718 394 756 www.parkrun.org/beckton

SPORTS



BMX

Sun, 10am-12noon, 6-16yrs, £3/£2 members/£10 annual membership. Gooseley Playing Fields, St Albans Ave, E6. Call 07961 333 615 or email paul.farthing@activenewham.org.uk

Indoor Cricket (8-16yrs)

Weds, 6-8pm, £2, Lister Community School, St Mary's Rd, E13, email paul.farthing@activenewham.org.uk

Swimming (5-16yrs)

Newham Young Britons ASC Sat, 6.15-7pm. £2, Newham Leisure Centre. Call 07956 304 518

Woodside Badminton Club

Fri, 7.30-9.30pm, intermediate and club standard. £5 waged/£3 unwaged, Carpenters Docklands Centre,



98 Gibbins Rd, E15. Call 07956 150 240

Fencing with Newham Swords

Tues, 6-9pm, Thurs, 6-9pm Fri, 7-10pm. Classes for adults (18+) and mini-pirates (4-7yrs) also available. UEL SportsDock Call 07956 618 898

Table Tennis

Thurs, 6.30-9pm. Beginner and intermediate adults, £1. Stratford School, Upton Ln, E15. Call 07976 577 716 or email ginny.harris10@btinternet.com

Badminton

Thurs, 7-9pm (term-time only). £5 for a court and bring a racquet. Little Ilford School, Browning Rd, E12. Email morgan_phil@hotmail.com or call 07944 117 263

Badminton

Mon, 4.45-6pm, NewVlc, E13. Mon, 4-6pm, SportsDock.

Table Tennis

Tues, 4.45-6pm, NewVlc, E13. Thurs, 6.30-8.30pm, SportsDock

FOOTBALL



Mayor's Football League

U10yrs, U12yrs, Mon, 4.30-6pm, U16yrs, U18s, 6-7pm Newham Leisure Centre, E13.

activeNewham Premier League (16+yrs)

6-a-side (4 subs) Weds, 7-10pm, Newham Leisure Centre, E13. Visit www.activenewham.org.uk

WHU Kicks

Mon, Tues, Fri, 4-7pm, WHUCST, Beckton 3G, 60A

Albatross Cl, E6.
Thurs, 6.30-7.30pm, Little Ilford Learning Zone, 1 Rectory Road, E12.
 Thurs, 6.30-7.30, Stratford Park MUGA, West Ham Ln, E15.

Football & Multi Sports 
 Mon, 4-5.30pm, Newham Leisure Centre, E13.
 Weds, 5-6pm, Stratford MUGA, West Ham Ln, E15

Football and Athletics 
 Thurs, 4-5.30pm, Britannia Village, 65 Evelyn Rd, E16.
 WHU Kicks, Sat 10.30-12noon, Newham Leisure Centre, E13.

AIR Football (16+yrs) 
 Tues, 1-3pm and Fri, 10am-12noon, Memorial Park, Memorial Ave, E15.
 Fri, 3-5pm, Beckton Powerleague, E6.
 Visit www.airfootball.co.uk

Ascension Football Academy
£3. School years: Reception to 11yrs, Sat, 10-11.30am
 King George V Park, King George Ave, E16.
 Call 07806 584 925

Men's Health Football Fitness Sessions
 Sat, 10-11am, West Ham United Community Training Facility, 60a Albatross Cls, E6.
 Call 020 7473 7724

BASKETBALL



Youngbloods Basketball
 All sessions cost £1.
 U12s, mixed, Sat, 1-3pm, East Ham Leisure Centre, E6.
 U13/14s boys, Mon, 6-8pm and Weds, 4.30-6pm, St Angela's School, E7.
 U13/14s girls, Mon, 4.30-6pm and Weds, 4.30-6pm, St Angela's School, E7.
 U15/16s, boys, Tues, 6-8pm, St Angela's School, E7
 Thurs, 8pm, St Bonaventure's School, E7.
 U17/18s boys, Mon and Wed, 8-10pm, St Angela's School,

E7. Call 07958 307 657
Newham All Star Sports Academy (NASSA)
 Sessions £1 unless indicated otherwise.

Junior development, Fri, 4-6pm Cumberland School, Oban Cl, E13.
 National league U13, U14, U16, Tues, 6-8pm, Rokeby School, Barking Rd, E16.
 National league U18, Tues, 8-10pm, Rokeby School, Barking Rd, E16.
 National league U13, U14, U16, Thurs, 6-8pm, SportsDock.
 National league U18, Tues, 8-10pm, SportsDock.
 Junior boys and girls, Sat, 10.20am-12.20pm, SportsDock, £2.
 Call 07703 503 995 or 07712 176 301.
www.nassasports.org.uk

National League

Mon, 6-8pm, U13/14s, Rokeby School, Barking Rd, E16.
 Tues, 6-8pm, U15/16s Rokeby School, Barking Rd, E16.
 Thurs, 4.30-6pm, U13/14s boys, U14s girls, Newham Leisure Centre, Prince Regent Ln, E13
 6-8pm, U16s, Newham Leisure Centre, E13, 6-8pm, U18s, Cumberland School, Oban Cls, E13

Senior Programme

Mon, 7.30-9.30pm
 Division 2 women and division 3/4 men. Rokeby School, Canning Town, E16.
 Call 07947 401 616

Basketball Sessions

Women only, Tues, 4-5pm, Chobham Academy, 40 Cheering Ln, E20.
 Thurs, 5.30-6.30, Little Ilford Learning Zone, 1 Rectory Road, E12.
 Thurs, 6-8pm, NewVic, E13.
 Disability Session, Fri, 4-5pm, NewVic, E13.

Basketball & Multi Sports

Fri, 5-6.30pm, 8-19s, Snowhill MUGA, Snowhill Rd, E12.

COMMITTEE MEETINGS

All meetings take place at Newham Town Hall, Barking Rd, E6, unless specified.

Mon 17 Feb, 7pm,
 Inner North East London Joint Health Overview and Scrutiny Committee (INEL JHOSC).
 PROVISIONAL- TBC

Wed 18 Feb, 7pm, Crime and Disorder Scrutiny Commission, Committee Room 2

Thurs 20 Feb 5pm, Cabinet, Council Chamber

5.05pm, Mayoral Proceedings, Council Chamber

Mon 24 Feb, 8pm, Council, Council Chamber

Tues 25 Feb, 7pm, Overview and Scrutiny Committee, Committee Room 1
 Visit www.newham.gov.uk/committee for updates.

CONTACT THE MAYOR

Mayor's walk in surgery

Registration for surgery is within the 30 minutes before advertised start time

Tues 18 Feb, 5pm, Newham Town Hall, Barking Rd, East Ham E6.

Sat 22 Feb, 10am (library doors do not open until 9.30am), The Gate, 4-20 Woodgrange Rd, Forest Gate, E7.

Mayor's Telephone Surgery

Wed 26 Feb. Please call 020 8430 2000 between 9.30am and 10.30am and ask for the Mayor's telephone surgery so a member of staff can take your details and arrange a callback.

LIBRARY CONTACTS

Beckton Globe

1 Kingsford Wy, E6
Canning Town Barking Rd, E16

Custom House

Prince Regent Ln, E16
East Ham High St South, E6
Green Street 337-341 Green St
The Gate 6-8 Woodgrange Rd, Forest Gate, E7
Manor Park

685-691 Romford Rd, E12

North Woolwich

5 Pier Parade, E16
Plaistow North Street, E13
Stratford 3 The Grove, E15

Archives and Local Studies

(limited postal and email service only) call: 020 3373 6881 email: archiveslocalstudies@newham.gov.uk

Community Outreach Services To find out more call 020 3373 0813

CENTRE CONTACTS

Balaam Leisure Centre

Balaam St, E13

East Ham Leisure Centre

324 Barking Rd, E6

The Hartley Centre

267 Barking Rd, E6

Jack Cornwell Community Centre

Jack Cornwell St, E12

Newham Leisure Centre

281 Prince Regent Ln, E13

NewVic

Prince Regent Ln, E13

UEL SportsDock Docklands Campus, University Way, E16

.....
 All listings may be subject to change, please contact individual events and activities before attending.

Hundreds of services

- one website. Visit www.newham.gov.uk

Call Newham Council on **020 8430 2000**

 Follow us on Twitter @NewhamLondon

 Find us on Facebook www.facebook.com/NewhamCouncil

Apply for services and make payments quickly and easily online. To register or log in visit www.newham.gov.uk/mynewham

NEWHAM FIRST MONDAYS

We are offering free professional advice to
Newham residents on a range of subjects.
Advice from theatre staff includes...

- Developing your creative ideas
- Writing a business plan
- Organising an event
- Fundraising
- Design & making
- Jobs in theatre and in the arts
- Marketing and press

First Monday of every month, 5pm - 7pm
No booking required

**SPRING
DATES FOR
2014**
3 Mar, 7 Apr
and 5 May



020 8534 0310

STRATFORD EAST

[.com](http://theatreroyalstratfordeast.com)

THEATRE ROYAL
STRATFORD EAST
GERRY RAFFLES SQ, E15 1BN

...a people's theatre

VAT No. 248 9343 27 Charity No. 233801 Reg No. 556251

ARTS COUNCIL
ENGLAND

Supported using public funding by
ARTS COUNCIL
ENGLAND

Newham London

f /theatreroyalstratfordeast
t @stratfordeast

50% off flights if you live in Newham or Greenwich

From 14 February, if you live in Newham or Greenwich, you and up to three friends can travel for half price on Emirates Air Line*

Ask at the ticket office for details
or visit tfl.gov.uk/emiratesairline

*Offer applies to return flights only. Proof of residence required. See website for full terms and conditions.

Return flights
from
£3.30
for adults